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**Cholesterol: The Great Cholesterol Hoax: Why Cholesterol Lowering Drugs Won't Help You Live One Day Longer And Drug Companies Know It (Cholesterol Diet, ... Cholesterol Lowering Foods, heart Disease)**

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# THE GREAT CHOLESTEROL HOAX

Why **Lowering** Your  
**Cholesterol Won't Help** You Live  
One Day Longer And  
Drug Companies Know It



## Synopsis

The Great Cholesterol Hoax: Why Cholesterol Lowering Drugs Won't Help You Live One Day Longer And Drug Companies Know It Today only, get this amazingly informative and very popular book on cholesterol for just \$3.33 Regularly priced at \$6.99. Read on your PC, Mac, smart phone, tablet or Kindle device. What if everything you've been told about cholesterol was lie, invented to benefit the drug makers? You are about to discover the real truth behind America's number #1 killer today that outweighs all cancers combined as the country's biggest mass murderer to date. Over 600,000 people a year are killed by heart attacks. Cholesterol medicine (statins) are now the world's most-prescribed form of medications. It is estimated that one in four Americans over the age of 45 (and over 7 million people in the U.K.) are now taking statin drugs as a form of "preventive medicine" against heart attacks and strokes. Despite the fact that 25% of the population takes expensive statin medications and despite the fact we have reduced the fat content of our diets, more Americans will die this year of heart disease than ever before. What you are about to learn will disgust you... And it will probably shock you to the core as the full realization finally dawns on you. You'll discover how our most trusted health officials already know there is a proven way to reverse your risk of a heart attack without statins. And how they don't want you to know this eye-opening truth because they stand to lose \$230 Billion a year that depends on your pain and suffering. In this book we will make 2 things very clear: 1) Cholesterol is NOT the culprit in heart disease 2) Statins will not prevent you from having a heart disease, heart attack or stroke. You will see how the drug companies own research proves it. In fact, according to the pharmaceutical industry's own studies, statins reduce heart attack and stroke risk virtually the same as following an aspirin regimen. In addition, you'll learn how potentially lethal heart disease is actually INCREASED with statin drug use. And how having too little cholesterol in your body is an even bigger risk for having a stroke and other serious diseases. Indeed, the cholesterol scare is the greatest medical hoax to have ever been perpetrated on the masses. Have You ever wondered the REAL reason why you haven't been able to lower cholesterol by changing your diet? What if you discovered that the foods you've been told for years were "heart healthy" are the very foods raising your cholesterol and causing heart disease? And the foods you've been avoiding for years because you were told they are 'bad' for us, has actually put you at serious risk for a stroke Here Is A Preview Of What You'll Learn... How drug companies legally lie to you with claims like New Drug Cuts Heart Disease Risk by 50% when it's really only 2% Discover what most doctors forget to tell patients about their statin prescriptions that could end up killing them. Find out how you're more likely to die from statin side effects than preventing a heart attack. The myth about cholesterol rich foods and

why you should be eating them. How doctors rush you to get on statins but how it takes years until you see any benefit, if ever. A natural, safe, inexpensive anti-oxidant with heart protective properties so powerful, it blows statins out of the water. Which cancer was shown to double for patients taking statins over a 10 year period? 3 Foods that skyrocket your HDL (good cholesterol) Proof that statins cause heart attacks -the very same condition they are trying to prevent. Much, much more! Tags: Cholesterol cure, Cholesterol myth, Cholesterol con, Cholesterol diet, Cholesterol solution, heart disease, h

## **Book Information**

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## **Customer Reviews**

This book is a must read. Why would the the pharmaceutical companies keep pushing an ineffective product on an unknowing populace? If cholesterol is not really the big enemy, why would huge sums of money be invested by those same companies into promoting drugs that reduce cholesterol? Surely the FDA, and other bodies around the world, would nip such a travesty in the bud? The author does a tremendous job in bringing to the fore the great cholesterol hoax, and bringing us face to face with the answer to the above questions -- pharmaceutical companies, and

those who promote their products, have made countless billions of dollars in perpetrating this great hoax. Worse still, by painting cholesterol as the enemy, they have managed to undermine people's health, as, cholesterol lowering drugs (called statins) have been linked to increased rates of diabetes and cancer, among other things. The first steps to resolving this issue is to learn about the facts, and then to follow an approach to health and medicine that is preventative, not reactive. This book will arm you with the knowledge you need to take these steps.

I really liked the book. I thoroughly enjoyed reading the book. This book will let you know about what is cholesterol and why do we need it. This book is very informative. I have found out some truths about cholesterol in this book. I never knew about many facts which were shared by the author. The book is loaded with useful knowledge. Overall a great content!!!

It was a really interesting reading, I knew so many new facts and useful information. My way of thinking about Cholesterol, vitamin D, fats and other things were mostly wrong. And this book opened my eyes. Recommend to read.

I had no idea that statin drugs cause diabetes type 2. For years I took them until I learned I had Charcot Marie Tooth Disease. This is a disease which affects nerve endings and can cause atrophy in muscles of legs feet hands and arms. It can be crippling. I plan to share what I have learned from your book with everyone I know. Thank you for the info.

This book is a gem that I got for free. It is concise and only gives you the important information you need to know without the padding that other authors would add just to fill an entire 300 page book. I was able to finish it in just one-sitting. Though, there were minimal typo errors that can be overlooked by the quality of information withheld. I did not expect it to be perfect but informative. After all, it has all the evidence that we are being sold out for money by the medical people we trust on our health. It's all about their profits, not our health. It totally flip my beliefs about low fat diets. At first I could not believe that "the lower the cholesterol, the younger you die" but with relevant information shown to support the statement, it led me to agree that lowering cholesterol too much can really increase the risk of dying. Another star earned for the tips and tricks to manage our cholesterol and naturally optimize our health.

I hope the medical and dietary advice in this book is correct because I'm following it. Grace Weis

directly contradicts the information and advice that my doctor and many medical experts have been providing for decades. An even better book with a very similar hypothesis and advice and stronger prose is *The Great Cholesterol Myth* by Jonny Bowden and Stephen Sinatra.

This book is a real eye opener regarding how we are abusing our bodies and how we can live healthier. We love this book and will be passing it on to others to read, even our doctor, who does not have high cholesterol, but went on the medication to prevent heart disease.

Good book although the writers spend too much time trying to be clever. I also have the audio edition and it's really hard to listen to. It has one of this old fashion phony deep voiced narrators which really irritate me.

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